



HRSA

Health Resources & Services Administration



Title V MCH Block Grant Program

ARIZONA

State Snapshot

FY 2017 Application / FY 2015 Annual Report

November 2016

Title V Federal-State Partnership - Arizona

The Title V Maternal and Child Health Block Grant Program is a federal-state partnership with 59 states and jurisdictions to improve maternal and child health throughout the nation. This Title V Snapshot presents high-level data and the executive summary contained in the FY 2017 Application / FY 2015 Annual Report. For more information on MCH data, please visit the Title V Federal-State Partnership website (<https://mchb.tvisdata.hrsa.gov>)

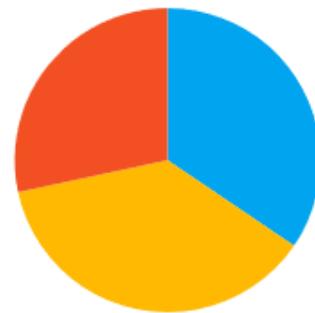
State Contacts

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Funding by Source

Source	FY 2015 Expenditures
Federal Allocation	\$7,234,630
State MCH Funds	\$7,786,662
Local MCH Funds	\$0
Other Funds	\$5,948,737
Program Income	\$0

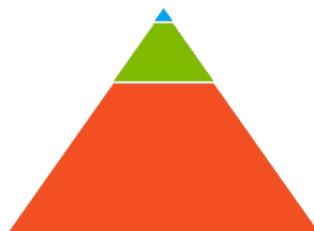
FY 2015 Expenditures



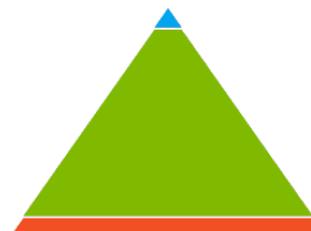
Funding by Service Level

Service Level	Federal	Non-Federal
Direct Services	\$415,990	\$1,189,583
Enabling Services	\$1,907,740	\$11,599,955
Public Health Services and Systems	\$4,910,900	\$945,861

FY 2015 Expenditures
Federal



FY 2015 Expenditures
Non-Federal



Total Reach of Title V in Serving MCH Populations

Populations Served	Individuals Served	FY 2015 Expenditures	%
Pregnant Women	2,969	\$1,636,678	7.9%
Infants < 1 Year	91,691	\$8,044,163	38.8%
Children 1-22 Years	564,417	\$7,148,437	34.5%
CSHCN	309,853	\$2,200,318	10.6%
Others *	40,644	\$1,700,661	8.2%
Total	1,009,574	\$20,730,257	100%

FY 2015 Expenditures



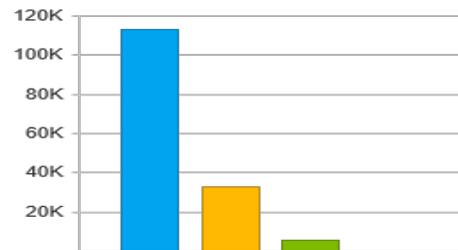
FY 2015 Individuals Served



*Others– Women of childbearing age, over age 21, and any others defined by the State who are not otherwise included in any of the other listed classes of individuals.

Communication Reach

Communication Method	Amount
State Title V Website Hits:	113,193
State Title V Social Media Hits:	32,925
State MCH Toll-Free Calls:	5,500
Other Toll-Free Calls:	0



Selected National Performance Measures

Measure #	Measure Short Name	Population Domain
NPM 1	Well-Woman Visit	Women/Maternal Health
NPM 4	Breastfeeding	Perinatal/Infant Health
NPM 6	Developmental Screening	Child Health
NPM 7	Injury Hospitalization	Child Health, Adolescent Health
NPM 9	Bullying	Adolescent Health
NPM 10	Adolescent Well-Visit	Adolescent Health
NPM 12	Transition	Children with Special Health Care Needs
NPM 14	Smoking	Cross-Cutting/Life Course

Evidence-Based or –Informed Strategy Measures

NPM #	NPM Short Name	ESM #	ESM Title
NPM 1	Well-Woman Visit	ESM 1.1	Development of preconception health survey questions.
NPM 4	Breastfeeding	ESM 4.1	Number of home visitors trained to become ICBLC certified over the next 5 years.
NPM 6	Developmental Screening	ESM 6.1	Number of home visitors trained to provide ASQ over the next 5 years.
NPM 7	Injury Hospitalization	ESM 7.1	Standardized home safety checklists for home visitors posted on BWCH webpage.
NPM 9	Bullying	ESM 9.1	Environmental scan of current anti-bullying efforts conducted.
NPM 10	Adolescent Well-Visit	ESM 10.1	Formal collaborations with at least 5 partners to promote preventive medical visits for adolescents established.
NPM 12	Transition	ESM 12.1	Development of baseline survey of pediatricians and other providers concerning transition practices
NPM 14	Smoking	ESM 14.1	Number of home visitors trained on the effects of second hand smoke

State Performance Measures

SPM #	SPM Title	Population Domain(s)
SPM 1	Percent of third-graders with dental sealants on their permanent molar teeth	Cross-Cutting/Life Course
SPM 2	Number of home visitors trained to promote physical activity among women.	Cross-Cutting/Life Course
SPM 3	Number of providers supported to better educate families about the importance of immunization.	Cross-Cutting/Life Course

Executive Summary

While the 2015 Needs Assessment took over a year to plan and develop, this Application/Report reflects Arizona's ongoing efforts to initiate a new plan based on the priorities selected by the community. The Five Year Needs Assessment process began with a list of guiding principles: listen to those who are not traditionally involved; learn from community members as well as the Maternal Child Health Community; and honor and respect the work that others in the community and state had done in the previous year to assess the well being of Arizona's people. The goal was to determine the strengths and challenges related to women's and children's health across Arizona.

Work began with an extensive review of population and program data related to disparities, needs and strengths. The team used multiple strategies to gather public input including Listening Sessions, online community survey, community forums including a Tribal Consultation and finally an in-person and simultaneously online priority setting session to set state MCH priorities. In all, BWCH staff traveled over 2,200 miles and heard from over 1,500 people to gather stakeholder input and support the involvement of communities in the needs assessment and priority setting processes.

MCH staff looked at the needs and disparities evidenced through a review of the data and input from the community and with the help of the community identified ten priorities; seven that could be addressed by national performance measures and three Arizona specific: To improve the health of women before and between pregnancies; to reduce infant mortality and morbidity; to decrease the incidence of childhood injury; to increase early identification and treatment of developmental delays; to promote a smooth transition through the lifespan for children and youth with special healthcare needs; to support adolescents to make healthy decisions as they transition to adulthood; to reduce the use of tobacco and other substances across the lifespan; to improve the oral health of Arizona's children; to increase the percentage of women and children who are physically active and to strengthen the ability of Arizona families to raise emotionally and physically healthy children. These priorities formed the basis of Arizona's Maternal Child Health Action Plan.

This past year, as it does every year, the Title V bureau compiles and analyzes the most recent health status data as well as programmatic data to ensure we are targeting current concerns and reaching the targeted audiences.

The Bureau of Women's and Children's Health (BWCH) administers a range of programs that focus on the health of women and children. Title V funds or assists in funding many of the programs described below. Even where Title V does not fund a program described, it is a part of Arizona's larger Title V program. This discussion will summarize the ongoing capacity of Arizona's Title V agency to meet those needs and will utilize the framework of populations as outlined in the Title V Needs Assessment and application.

The priority Arizona selected for **Women/Maternal** population was to improve the health of women before and between pregnancies. The Needs Assessment process identified many concerns for women including access to preventive health services. Arizona believes that increasing access to and the quality of preventive medical visits will help to affect national outcome measures that speak to women's health. Arizona has selected strategies to address preconception and interconception health. In order to support the health and wellness of Arizona's women, the programs seek to ensure that women have the information and resources necessary to achieve optimal health and wellness.

BWCH is responsible for administering the Federal Family Violence Prevention and Services Act (FVPSA) grant funds which supports the establishment, maintenance, and expansion of programs and projects that prevent family violence and to provide immediate shelter and related assistance for survivors and their dependents. The Program funds organizations that are a part of the Safe Home Networks in Arizona's rural communities; each reflecting the unique needs of their community and the victims that they assist. In 2015, the Rural Safe Home Network provided shelter totaling 25,231 bed nights. Supportive services to individuals who did not reside in a shelter were provided to over 40,000 women, men and children.

The BWCH administers the Sexual Violence Prevention and Education Program (SVPEP). SVPEP contracts with state universities and community based organizations to provide multi-session educational presentations for youth and young adults. Arizona SVPEP also implements the Arizona Safer Bars Alliance (ASBA) an innovative project to decrease sexual violence by providing bystander intervention training to staff of alcohol serving establishments. In 2015, SVPEP provided educational sessions to almost 40,000 individuals, including middle, high school and university students. BWCH also administers the Sexual Assault Services Program (SASP) that provides direct services to individuals who have survived sexual violence.

As the Title V agency, BWCH supports a Preconception Health Alliance comprised of more than 30 internal and external partners working to improve the health of women and birth outcomes. BWCH has successfully integrated preconception health screening, education and referrals into home visitation, family planning and community health nursing programs.

Title V has funded Community Health Grants by partnering with the County Health Departments to address preconception health. As a result of the finding of the 2015 Title V Needs Assessment, these contracts will now provide a menu of evidence based or informed strategies based on the new priorities from which counties may choose.

BWCH uses Title V Maternal and Child Health Services Block Grant funds to support the Reproductive Health/Family Planning Program, a statewide, clinic-based, program that provides comprehensive reproductive health services to promote optimal health for Arizona's men and women. In 2015, Title V reproductive health/family planning programs provided 7,373 visits for 5,407 adults ages 20 and up.

The Title V agency serves women by supporting their entry into prenatal care through home visiting programs. Health Start is a state supported home visitation program that utilizes community health workers (CHW) to identify women early in their pregnancy and link them to prenatal care. In 2015, Health Start services were provided to 2,468 clients through 17,239 home visits.

Title V funds a toll free Hot Line for assistance connecting women and children to resources. In 2015, 5,500 families were served.

Arizona's priority for the **Infant/Perinatal** domain is to reduce infant mortality and morbidity. Arizona's home visiting programs provide support for new families to understand the needs of their newborns and works to improve the quality of and access to preventive services.

Arizona's Title V program is home to three different home visiting programs; the High Risk Perinatal Program, Health Start and Maternal Infant and Early Childhood Home Visiting Program (MIECHV).

Arizona's MIECHV Programs include Healthy Families (HF), Nurse-Family Partnership (NFP) and Family Spirit in the White Mountain Apache Tribe. Evidence-based home visiting is augmented by a comprehensive workforce development program provided through regional training and education, online courses, regular informative e- newsletters and an annual summit. In 2015, 2,308 families were served through 30,167 visits.

The High Risk Perinatal Program/Newborn Intensive Care Program (HRPP/NICP) program addresses critically ill neonates and high risk pregnant women in imminent danger of premature delivery. This program has three components; Transport, Hospital and Community Nursing home visiting. In 2014, 4,028 infants were enrolled in the HRPP and 7,126 home visits made by Community Health Nurses.

During the Needs Assessment process the team heard many times the concern about adverse childhood experiences, child abuse and bullying. The data also spoke to infants dying because of unsafe sleep environments and young children being injured around the home. Arizona will institute or continue measures to decrease sleep related deaths and home related accidents.

The Bureau supports many programs to serve **children**. The BWCH is the administrative home of Arizona's Child Fatality Review (CFR). The state team provides oversight to the local teams, produces an annual report summarizing review findings, and makes recommendations regarding the prevention of child deaths. County specific data is produced and disseminated as fact sheets. These recommendations have been used to educate communities, initiate legislative action, and develop prevention programs.

The Safe Sleep Task Force, staffed through BWCH, is comprised of community partners including the March of Dimes, Arizona Prenatal Trust, Child Care Licensing, Managed Care Organizations, hospitals located throughout the state and local health departments. Since the summer of 2014, Arizona has been a part of the national CoIIN Safe Sleep Initiative. In 2015 Arizona launched several strategies including a social media campaign, developed and piloted crib cards depicting a safe sleep environment and encouraging hospitals to require safe sleep as an annual competency for staff. Title V supported tribal efforts around safe sleep.

Arizona's Emergency Medical Services for Children (EMSC) program has established a pediatric designation system that set minimum voluntary pediatric emergency care standards for all emergency departments. As of May 2016, there are 36 member hospitals of which 31 have undergone a site verification visit.

BWCH holds car seat safety classes to certify car seat technicians utilizing the Safe Kids National Highway Safety Traffic Association curriculum. In 2015, BWCH's MIECHV grant supported a Continuous Educational Units Conference for 150 technicians and three additional CPS courses.

The Bureau uses Title V funds to support the Medical Service Project (MSP). The goal of the Medical Services Project is to increase access to health care for Arizona's uninsured school-age children. In 2015, 187 primary care providers, specialists, dentists or optometrists, saw 870 children from schools around the state. Forty seven children were linked to appropriate available resources.

During the Needs Assessment process, discussions regarding **adolescents** needs centered around stress, depression, suicide and bullying and adolescents not using seat belts. There was also concern raised about reproductive health services and obesity prevention. The priority Arizona chose for adolescent health was to support adolescents to make healthy decisions as they transition to adulthood.

Arizona's Teen Pregnancy Prevention (TPP) Program focuses on improving the health and social well-being of youth through the reduction of teen pregnancies and sexually transmitted diseases, and the awareness of healthy relationships and life skills. The program provides youth with knowledge and skills that can be applied throughout their lives and parents with skills to be able to communicate with their youth effectively. In 2015, the program reached over 30,000 youth and 1,000 parents.

Concerns were raised during the Needs Assessment process for **Children with Special Health Care Needs** spoke to the difficulties in 'navigating the system of care', the need for early intervention and specialty services. The Office for Children with Special Health Care Needs (OCSHCN) maintains its critical Title V role in key areas: Information and Referral, Education and Advocacy, and supporting systems of care for children and youth with special health care needs.

OCSHCN contracts with Raising Special Kids to facilitate identification, recruitment, training and reimbursement for Family and Young Adult Advisors, to participate in projects, committees, workgroups, resource development, policy and program development implementation, and evaluation at national, state and community levels.

During 2016, the OCSHCN has developed and launched a convenience survey, based on the national children's survey, and as of this writing has received over 4,000 responses.

Looking at **cross cutting** issues the community focused on nutrition and physical activity, tobacco usage and oral health. The Empower Program supports licensed child care facilities' efforts to empower children to live healthier lives through the incorporation of ten standards that are based on age-appropriate best practices. With over 2,400 licensed child care facilities across the state enrolled in the **Empower Program**, it has the capacity to reach over 200,000 children from ages of birth to 12 years. Funded in part by Title V, the Bureau of Child Care Licensing assists by registering facilities in the Empower Program, and monitoring compliance with the regulations and rules. This past year a number of home care facilities embraced Empower as well.

Empower Schools works with school districts from around Arizona to incorporate ten school wellness standards into their local wellness policies. This program has now grown to include **Empower Home Visiting** with Guidelines on Nutrition and Physical Activity.

The second cross cutting topic is oral health. The Arizona School-based Sealant Program provides dental screenings and referrals to children attending eligible public schools. The Program bills Medicaid for children covered by Medicaid and utilizes Title V funds to pay for the uninsured. In 2015, over 50,000 of Arizona's children either were screened, received sealants, fluoride mouthrise or fluoride varnish.

In 2015, the OOH with partners completed the representative Healthy Smiles Healthy Bodies survey of children in kindergarten and third grade. This information provides guidance on referrals for care and surveillance on oral health status of children in Arizona. This was funded in part with Title V dollars

Arizona's Title V Program has also chosen to focus on tobacco use as it affects infant mortality and morbidity (SUID, prematurity), child health (asthma), preconception and interconception health and transition decision making for teen and CYSHCN. ADHS' tobacco efforts are managed and coordinated out of one of BWCH's sister bureaus, the Bureau of Tobacco and Chronic Disease (BTCD). The BWCH home visiting programs will work more intentionally with BTCD and tobacco use will be a topic of professional development for Arizona's home visitors.

Going forward Arizona will continue the course it has laid out. It is clear where current efforts need to be strengthened. New evidence based strategies have been identified. Arizona's Title V agency is proud of its community collaboration efforts and will continue to provide leadership in coordinating efforts to support all women and children of Arizona.