



HRSA

Health Resources & Services Administration



Title V MCH Block Grant Program

ARIZONA

State Snapshot

FY 2016 Application / FY 2014 Annual Report

April 2016

Title V Federal-State Partnership - Arizona

The Title V Maternal and Child Health Block Grant Program is a federal-state partnership with 59 states and jurisdictions to improve maternal and child health throughout the nation. This Title V Snapshot presents high-level data and the executive summary contained in the FY 2016 Application / FY 2014 Annual Report. For more information on MCH data, please visit the Title V Federal-State Partnership website (<https://mchb.tvisdata.hrsa.gov>)

State Contacts

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Funding by Source

Source	FY 2014 Expenditures
Federal Allocation	\$7,129,932
State MCH Funds	\$7,503,913
Local MCH Funds	\$0
Other Funds	\$6,830,828
Program Income	\$0

FY 2014 Expenditures



Funding by Service Level

Service Level	Federal	Non-Federal
Direct Services	\$432,194	\$1,083,578
Enabling Services	\$1,920,088	\$12,404,533
Public Health Services and Systems	\$4,777,650	\$1,141,501

FY 2014 Expenditures Federal



FY 2014 Expenditures Non-Federal



Total Reach of Title V in Serving MCH Populations

Populations Served	Individuals Served	FY 2014 Expenditures	%
Pregnant Women	7,703	\$1,616,115	7.6%
Infants < 1 Year	91,309	\$8,754,431	41.4%
Children 1-22 Years	665,158	\$6,761,675	31.9%
CSHCN	3,420	\$2,355,934	11.1%
Others *	37,099	\$1,679,433	7.9%
Total	804,689	\$21,167,588	100%

FY 2014 Expenditures



FY 2014 Individuals Served



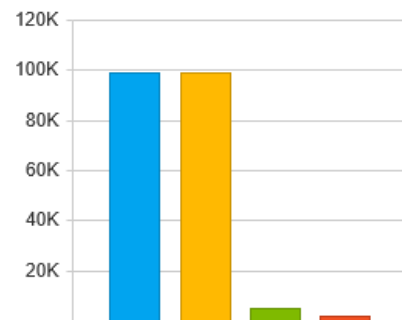
*Others– Women of childbearing age, over age 21, and any others defined by the State who are not otherwise included in any of the other listed classes of individuals.

Selected National Performance Measures

Measure #	Measure Short Name	Population Domain
NPM 1	Well-Woman Visit	Women/Maternal Health
NPM 4	Breastfeeding	Perinatal/Infant Health
NPM 6	Developmental Screening	Child Health
NPM 7	Injury Hospitalization	Child Health, Adolescent Health
NPM 9	Bullying	Adolescent Health
NPM 10	Adolescent Well-Visit	Adolescent Health
NPM 12	Transition	Children with Special Health Care Needs
NPM 14	Smoking	Cross-Cutting/Life Course

Communication Reach

Communication Method	Amount
State Title V Website Hits:	98,813
State Title V Social Media Hits:	98,813
State MCH Toll-Free Calls:	5,060
Other Toll-Free Calls:	1,614



Executive Summary

In 2014, the management team of the Bureau of Women's and Children's Health, the administrators of the Title V grant in Arizona, met to plan for the Five Year Needs Assessment. The process began with a list of guiding principles: listen to those who are not traditionally involved; learn from community members as well as the Maternal Child Health Community; and honor and respect the work that others in the community and state had done in the previous year to assess the wellbeing of Arizona's people. The goal was to determine the strengths and challenges related to women's and children's health across Arizona.

Work began with an extensive review of population and program data related to disparities, needs and strengths. The team used multiple strategies to gather public input including Listening Sessions, online community survey, community forums, a Tribal Consultation and finally an in-person and simultaneously online priority setting session to set state MCH priorities.

In all, BWCH staff traveled over 2,200 miles and heard from over 1,500 people to gather stakeholder input and support the involvement of communities in the needs assessment and priority setting processes.

MCH staff looked at the needs and disparities evidenced through a review of the data and input from the community and with the help of the community identified ten priorities; seven that could be addressed by national performance measures and three Arizona specific: To improve the health of women before and between pregnancies; to reduce infant mortality and morbidity; to decrease the incidence of childhood injury; to increase early identification and treatment of developmental delays; to promote a smooth transition through the lifespan for children and youth with special healthcare needs; to support adolescents to make healthy decisions as they transition to adulthood; to reduce the use of tobacco and other substances across the lifespan; to improve the oral health of Arizona's children; to increase the percentage of women and children who are physically active and to strengthen the ability of Arizona families to raise emotionally and physically healthy children. These priorities will form the basis of Arizona's Maternal Child Health Action Plan.

As Arizona's Title V agency, the Arizona Department of Health Services Bureau of Women's and Children's Health (BWCH) administers a range of programs that focus on the health of women and children. This discussion of the capacity of Arizona's Title V agency to meet those needs will utilize the framework of populations as outlined in the Title V Needs Assessment and application.

The priority Arizona selected for Women/Maternal population was to improve the health of women before and between pregnancies. The Needs Assessment process identified many concerns for women including access to preventive health services. The discussions centered on reproductive health and behavioral health, obesity, perinatal depression and sexual assault and domestic violence services. Assuming that preventive medical visits are comprehensive, Arizona believes that increasing preventive medical visits will help to affect national outcome measures that speak to women's health. Arizona will also select other strategies to address preconception and interconception health.

In order to support the health and wellness of Arizona's women, the programs seek to ensure that women have the information and resources necessary to achieve optimal health and wellness.

BWCH is responsible for administering the Federal Family Violence Prevention and Services Act (FVPSA) grant funds which supports the establishment, maintenance, and expansion of programs and projects that prevent family violence and to provide immediate shelter and related assistance for survivors and their dependents. The Program funds nine organizations who coordinate and maintain Safe Home Networks in Arizona's rural communities; each reflecting the unique needs of their community and the victims that they assist. In 2014, the Rural Safe Home Network sheltered 371 women, 10 men and 299 children for a total of 23,183 bed nights. Supportive services to individuals who did not reside in a shelter were provided to 2,418 women, 155 men, and 1,013 children.

The BWCH administers the Sexual Violence Prevention and Education Program (SVPEP). SVPEP contracts with state universities and community based organizations to provide multi-session educational presentations for youth and young adults in middle and high schools as well as universities. Arizona SVPEP also implements the Arizona Safer Bars Alliance (ASBA) an innovative project to decrease sexual violence by providing bystander intervention training to staff of alcohol serving establishments. In 2014, SVPEP provided educational sessions to 13,129 individuals. Of those, 1,320 were middle school students, 2,120 high school students and 9,658 university students. BWCH also administers the Sexual Assault Services Program (SASP) that provides direct services to individuals who have survived sexual violence.

As the Title V agency, BWCH supports a Preconception Health Alliance comprised of more than 30 internal and external partners working to improve the health of women and birth outcomes. BWCH has successfully integrated preconception health screening, education and referrals into home visitation, family planning and community health nursing programs.

Title V funds Community Health Grants by partnering with the County Health Departments to address preconception health. This model moves from providing direct services to community education, provider education, fostering coalitions, changing organizational practices, and implementing policy. As a result, of the 2015 Title V Needs Assessment findings, these contracts will now provide a menu of evidence based or informed strategies based on the new priorities from which counties may choose.

BWCH uses Title V Maternal and Child Health Services Block Grant funds to support the Reproductive Health/Family Planning Program, a statewide, clinic-based, program that provides comprehensive reproductive health services to promote optimal health for Arizona's men and women. In 2014, Title V reproductive health/family planning programs provided 7,657 visits for 2,763 adults ages 20 and up.

The Title V agency serves women by supporting their entry into prenatal care through home visiting programs. Health Start is a state supported home visitation program that utilizes community health workers (CHW) to identify women early in their pregnancy and link

them to prenatal care. CHWs provide education, referrals and developmental screenings until the child's second birthday. In 2014, Health Start services were provided to 2,411 clients through 16,054 home visits.

Title V funds a toll free Hot Line for assistance connecting women and children to resources.

Arizona's priority for the Infant/Perinatal domain is to reduce infant mortality and morbidity. Discussions for this domain included injury prevention, child abuse and neglect, perinatal mood disorder and breastfeeding support. Arizona's home visiting programs provide support for new families to understand the needs of their newborns and works to improve the quality of and access to preventive services. Arizona's Title V program is home to three different home visiting programs; the High Risk Perinatal Program, Health Start and Maternal Infant and Early Childhood Home Visiting Program (MIECHV).

Arizona's MIECHV Programs include Healthy Families (HF), Nurse-Family Partnership (NFP) and Family Spirit in the White Mountain Apache Tribe. Evidence-based home visiting is augmented by a comprehensive workforce development program provided through regional training and education, online courses, regular informative e-newsletters and an annual summit. In 2014, 1,970 families were served through 25,519 visits.

The High Risk Perinatal Program/Newborn Intensive Care Program (HRPP/NICP) program addresses critically ill neonates and high risk pregnant women in imminent danger of premature delivery. This program has three components; Transport, Hospital and Community Nursing home visiting after discharge. In 2014, 3,994 infants were enrolled in the HRPP.

The Safe Sleep Task Force, staffed through BWCH, is comprised of community partners including the March of Dimes, Arizona Prenatal Trust, Child Care Licensing, Managed Care Organizations, hospitals located throughout the state and local health departments. In the summer of 2014, Arizona became a part of the national CoIN Safe Sleep Initiative.

During the Needs Assessment process the team heard many times the concern about adverse childhood experiences, child abuse and bullying. The data also spoke to infants dying because of unsafe sleep environments, young children being injured around the home and adolescents being injured because they were not using seat belts. Arizona will institute or continue measures to decrease sleep related deaths, home related accidents and increase adolescent use of seat belts.

The Bureau supports many programs to serve children. The BWCH is the administrative home of Arizona's Child Fatality Review (CFR). The state team provides oversight to the local teams, produces an [annual report](#) summarizing review findings, and makes recommendations regarding the prevention of child deaths. County specific data is produced and disseminated as fact sheets. These recommendations have been used to educate communities, initiate legislative action, and develop prevention programs.

Arizona's Emergency Medical Services for Children (EMSC) program has established a pediatric designation system that set minimum voluntary pediatric emergency care standards for all emergency departments. As of May 2015, there are 33 member hospitals of which 25 have under gone a site verification visit.

BWCH holds car seat safety classes to certify car seat technicians utilizing the Safe Kids National Highway Safety Traffic Association curriculum. In 2014, five Car Seat Passenger Safety Technician (CPS) Courses were held in urban and rural areas of Arizona. In 2015, BWCH's MIECHV grant supported a Continuous Educational Units Conference for 150 technicians and three additional CPS courses.

The Bureau uses Title V funds to support the Medical Service Project (MSP). This program provides access to health care for uninsured school-age children. The goal of the Medical Services Project is to increase access to health care for Arizona's uninsured school-age children. In 2014, primary care providers, specialists, dentists or optometrists, saw 789 children from 39 difference schools.

During the Needs Assessment process, discussions regarding adolescents needs centered around stress, depression, suicide and bullying. There was also concern raised about reproductive health services and obesity prevention. The priority Arizona chose for adolescent health was to support adolescents to make healthy decisions as they transition to adulthood.

Arizona's Teen Pregnancy Prevention (TPP) Program focuses on improving the health and social well-being of youth through the reduction of teen pregnancies and sexually transmitted diseases, and the awareness of healthy relationships and life skills. The program provides youth with knowledge and skills that can be applied throughout their lives and parents with skills to be able to communicate with their youth effectively.

Concerns raised during the Needs Assessment process for Children with Special Health Care Needs spoke to the difficulties in 'navigating the system of care', the need for early intervention and specialty services.

The Office for Children with Special Health Care Needs (OCSHCN) maintains its critical Title V role in key areas: Information and Referral, Education and Advocacy, and supporting systems of care for children and youth with special health care needs. OCSHCN educates families, stakeholders and community partners regarding best practices around CYSHCN.

OCSHCN contracts with Raising Special Kids to facilitate identification, recruitment, training and reimbursement for Family and Young Adult Advisors, to participate in projects, committees, workgroups, resource development, policy and program development implementation, and evaluation at national, state and community levels.

Looking at cross cutting issues, the community focused on nutrition and physical activity, tobacco usage and oral health. The Empower Program supports licensed child care facilities' efforts to empower children to live healthier lives through the incorporation of ten

standards that are based on age-appropriate best practices. With over 2,400 licensed child care facilities across the state enrolled in the Empower Program, it has the capacity to reach over 200,000 children from ages of birth to 12 years. Funded in part by Title V, the Bureau of Child Care Licensing assists by registering facilities in the Empower Program, and monitoring compliance with the regulations and rules.

Empower Schools works with 9 pilot school districts from around Arizona to incorporate 10 school wellness standards into their local wellness policies. This program has now grown to include Empower Home Visiting with Guidelines on Nutrition and Physical Activity.

The second cross cutting topic is oral health. The Arizona School-based Sealant Program provides dental screenings and referrals to children attending eligible public schools. The Program bills Medicaid for children covered by Medicaid and utilizes Title V funds to pay for the uninsured. As part of the sealant program, the Office of Oral Health (OOH) collects oral health status information. This information provides guidance on referrals for care and surveillance on the oral health status of children in Arizona.

Arizona's Title V Program has also chosen to focus on tobacco use as it affects infant mortality and morbidity (SUID, prematurity), child health (asthma), preconception and interconception health and transition decision making for teen and CYSHCN. ADHS' tobacco efforts are managed and coordinated out of one of BWCH's sister bureaus, the Bureau of Tobacco and Chronic Disease (BTCD). The BWCH home visiting programs will work more intentionally with BTCD and tobacco use will be a topic of professional development for Arizona's home visitors.

Going forward Arizona has its marching orders. It is clear where current efforts need to be strengthened and new evidence based strategies will be identified. Arizona's Title V agency is proud of the current community collaborations and will continue to provide leadership in coordinating efforts to ensure all women and children of Arizona are best served and will continue to include community voices going forward.