

**Northern Mariana Islands**

**State Action Plan Table**

**2026 Application/2024 Annual Report**

Priority Needs	Five-Year Objectives	Strategies	Evidence-Based or –Informed Strategy Measures	National and State Performance Measures	National and State Outcome Measures
<b>Women/Maternal Health</b>					
Access to preventative medical visits	By 2030, increase the percentage of women accessing preventative visits, including postpartum visits, by 5% from baseline.	Increase access to preventive medical visits, including postpartum, care by expanding mobile clinic and other clinical outreach activities.	ESM PPV.1 - Number of women that are accessing well woman visits, prenatal care visits, and postpartum visits via mobile clinic and other clinical outreach.	NPM - Postpartum Visit	<b>Linked NOMs:</b> Maternal Mortality Neonatal Abstinence Syndrome Women's Health Status Postpartum Depression Postpartum Anxiety
Access to Mental Health Services	By 2030, increase the percentage of postpartum women who are screened for depression and referred to services by 6% from baseline.	Conduct an assessment among clinic providers to identify whether standardized depression screening tools are being utilized.	ESM MHS.1 - Number of maternal health clinics that participated in the assessment and survey regarding depression screenings.	NPM - Postpartum Mental Health Screening	<b>Linked NOMs:</b> Maternal Mortality Infant Mortality SUID Mortality Neonatal Abstinence Syndrome Child Injury Hospitalization Women's Health Status Postpartum Depression Postpartum Anxiety
<b>Perinatal/Infant Health</b>					
Education and services to help prevent premature births and low birthweight.	By 2030, increase the percentage of women receiving first trimester prenatal care by 10% from baseline.	Assess and gather data (identifying groups and reasons for delayed care) to inform strategies for reaching women who are not accessing early prenatal care.	SPM ESM 1.1 - Assessment to identify groups or reasons for not accessing early prenatal care completed (Y/N).	SPM 1: Percent of CNMI resident women with live births who receive prenatal care beginning in the first trimester.	
Education and support to help	By 2030, increase the percentage of infants who were breastfed	Promote breastfeeding initiation and exclusivity by implementing group prenatal care models that incorporate structured breastfeeding education	ESM BF.1 - Percent of women enrolled in	NPM - Breastfeeding	<b>Linked NOMs:</b> Infant Mortality

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with breastfeeding	exclusively through 6 months by 5% from baseline.	and peer support	group prenatal care who exclusively breastfeed at 6 weeks postpartum.		Postneonatal Mortality SUID Mortality
<b>Child Health</b>					
Access to healthy physical activity	By 2030, increase the percentage of children ages 6-11 who are physically active by 5% from baseline.	Partner with the Public School System and Non-Communicable Disease Programs to increase access to after school sports programs	<i>Inactive - ESM PA-Child.1 - PA-Child.1 - Percentage of referrals by MCH who reported completing at least 75% of the EFNEP program curriculum.</i> ESM PA-Child.2 - Number of children ages 6-11 years who enroll in after school sports or other group activities.	NPM - Physical Activity - Child	<b>Linked NOMs:</b> Children's Health Status Child Obesity
Access to care coordination and navigation of healthcare and community programs	By 2030, increase the percentage of CNMI children ages 6-11 who report having a medical home by 5%.	Strengthen access to a medical home for children and youth, including children with special healthcare needs by providing training and technical assistance to pediatric primary care clinics and providers on implementing medical home principles and related policies.	ESM MH.1 - Number of pediatric providers who received medical home training and implemented at least one component (e.g., care coordination, family engagement, team-based care).	NPM - Medical Home	<b>Linked NOMs:</b> Children's Health Status CSHCN Systems of Care Flourishing - Young Child Flourishing - Child Adolescent - CSHCN Flourishing - Child Adolescent - All
<b>Adolescent Health</b>					
Access to teen pregnancy and sexually transmitted infection prevention	By 2030, decrease the rate of sexually transmitted infections (STIs) and teen births among adolescents aged 12 to 17 years by 5% from baseline.	Partner with the Public School System to expand access to adolescent well-visits and the Family Planning program.  Increase awareness of adolescent well-visits and confidential services through conducting PATCH for Peer Workshops.	<i>Inactive - ESM AWW.1 - Percentage of adolescents ages 12 through 17 years who access preventive care visit</i>	NPM - Adolescent Well-Visit	<b>Linked NOMs:</b> Teen Births Adolescent Mortality Adolescent Motor Vehicle Death Adolescent Suicide Adolescent Firearm Death

Priority Needs	Five-Year Objectives	Strategies	Evidence-Based or –Informed Strategy Measures	National and State Performance Measures	National and State Outcome Measures
programs			<p>at all CHCC sites</p> <p>ESM AWW.2 - Percentage of Public School System (PSS) students ages 12-17 years who had an adolescent well-visit in the past year.</p> <p>ESM AWW.3 - Number of teens who completed the PATCH Peer-to-Peer Workshops in the past year.</p>		<p>Adolescent Injury Hospitalization</p> <p>Children's Health Status</p> <p>Child Obesity</p> <p>Adolescent Depression/Anxiety</p> <p>CSHCN Systems of Care</p> <p>Flourishing - Child Adolescent - CSHCN</p> <p>Flourishing - Child Adolescent - All</p>
Bullying prevention and support	By 2030, decrease the rate of high school students who experienced bullying on school property by 5% from baseline.	Strengthen partnership with the Public and Private School Systems to adopt and implement evidence based bullying prevention programs.	ESM BLY.1 - Percent of schools who have implemented evidence based bullying prevention programs.	NPM - Bullying	<p><b>Linked NOMs:</b></p> <p>Adolescent Mortality</p> <p>Adolescent Suicide</p> <p>Adolescent Firearm Death</p> <p>Adolescent Injury Hospitalization</p> <p>Adolescent Depression/Anxiety</p> <p>Adverse Childhood Experiences</p>
<b>Children with Special Health Care Needs</b>					
Access to care coordination and navigation of healthcare and community programs	By 2030, increase the percentage of CNMI CSHCN ages who report having a medical home by 5%.	Strengthen access to a medical home for children and youth, including children with special healthcare needs by providing training and technical assistance to pediatric primary care clinics and providers on implementing medical home principles and related policies.	ESM MH.1 - Number of pediatric providers who received medical home training and implemented at least one component (e.g., care coordination, family engagement, team-based care).	NPM - Medical Home	<p><b>Linked NOMs:</b></p> <p>Children's Health Status</p> <p>CSHCN Systems of Care</p> <p>Flourishing - Young Child</p> <p>Flourishing - Child Adolescent - CSHCN</p> <p>Flourishing - Child Adolescent - All</p>
Parent training to support Transition from pediatric to adult	By 2030, increase the percent of parents of CSHCN who receive training on transition into adult care by 10% from baseline.	Provide training on transition planning to help families prepare for the shift from pediatric to adult systems.	<i>Inactive - ESM TAHC.1 - Percentage of high school students served by SPED who received</i>	NPM - Transition To Adult Health Care	<p><b>Linked NOMs:</b></p> <p>CSHCN Systems of Care</p>

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healthcare			<i>information on transition</i> ESM TAHC.2 - Number of parents who complete transition training.		
<b>Cross-Cutting/Systems Building</b>					
Clear communication about health services and supports available for MCH populations	By 2030, develop and implement a centralized, user friendly digital platform that serves as a resource hub for health and wellness resources for all MCH population health domains.	Conduct user experience (UX) research with MCH populations (e.g., surveys, focus groups) to guide the design and content structure of the digital platform.	SPM ESM 2.1 - User research (i.e. surveys and focus groups) completed.	SPM 2: Percent of progress milestones completed toward the development and implementation of a centralized, user-friendly digital platform.	