





Title V MCH Block Grant Program

OHIO

State Snapshot

FY2024 Application / FY2022 Annual Report November 2023

Title V Federal-State Partnership - Ohio

The Title V Maternal and Child Health Block Grant Program is a federal-state partnership with 59 states and jurisdictions to improve maternal and child health throughout the nation. This Title V Snapshot presents high-level data and the executive summary contained in the FY2024 Application / FY2022 Annual Report. For more information on MCH data, please visit the Title V Federal-State Partnership website (https://mchb.tvisdata.hrsa.gov)

State Contacts

MCH Director	CSHCN Director
Dyane Gogan Turner	Patrick Londergan
Chief, Bureau of Child and Family Health	Administrator, Complex Medical Help Program
dyane.goganturner@odh.ohio.gov	Pat.Londergan@odh.ohio.gov
(614) 964-2863	(614) 728-7039

State Family Leader	State Youth Leader
Kim Mathews	No Contact Information Provided
Parent Consultant	
Kimberly.Mathews@odh.ohio.gov (614) 644-7563	

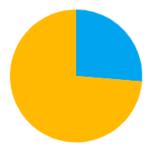
State Hotline

Name: Help Me Grow and Child & Family Health | Telephone: (800) 755-4769

Funding by Source

Source	FY 2022 Expenditures
Federal Allocation	\$20,320,942
State MCH Funds	\$56,929,763
Local MCH Funds	\$0
Other Funds	\$0
Program Income	\$0

FY 2022 Expenditures



Funding by Service Level

Service Level	Federal	Non-Federal
Direct Services	\$3,404,730	\$29,661,251
Enabling Services	\$7,567,907	\$8,908,224
Public Health Services and Systems	\$9,348,305	\$17,968,171

FY 2022 Expenditures Federal



FY 2022 Expenditures
Non-Federal



Percentage Served by Title V

Population Served	Percentage Served	FY 2022 Expenditures
Pregnant Women	97.8%	\$9,949,730
Infants < 1 Year	100.0%	\$8,292,645
Children 1 through 21 Years	61.3%	\$21,370,818
CSHCN (Subset of all infants and children)	39.4%	\$36,137,655
Others *	2.6%	\$500,866

^{*}Others- Women and men, over age 21.

FY 2022 Expenditures
Total: \$76,251,714

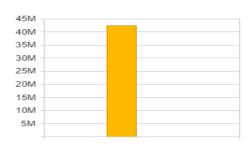


FY 2022 Percentage Served



Communication Reach

Communication Method	Amount
State Title V Website Hits:	1,258
State Title V Social Media Hits:	42,304,754
State MCH Toll-Free Calls:	15,332
Other Toll-Free Calls:	11,400



The Title V legislation directs States to conduct a comprehensive, statewide maternal and child Health (MCH) needs assessment every five years. Based on the findings of the needs assessment, states select seven to ten priority needs for programmatic focus over the five-year reporting cycle. The State Priorities and Associated Measures Table below lists the national and state measures the state chose in addressing its identified priorities for the 2020 Needs Assessment reporting cycle.

State Priorities and Associated Measures

Priority Needs and Associated Measures	Reporting Domain(s)
Decrease risk factors contributing to maternal morbidity	Women/Maternal Health
 NPMs NPM 1: Percent of women, ages 18 through 44, with a preventive medical visit in the past year ESM 1.1: Percent of birthing hospitals implementing AIM hypertension model ESM 1.2: Percent of uninsured women ages 18 and older served in Title X Reproductive Health & Wellness clinics who were referred for enrollment or enrolled in health insurance SOMs SOM 1: Rate of severe maternal morbidity per 10,000 delivery hospitalizations among non-Hispanic Black women 	
Increase mental health support for women of reproductive age SPMs SPM 1: Percent of women ages 19-44 who had unmet mental health care or counseling needs in the past year SOMs SOM 2: Percent of women ages 19-44 with 14 or more mentally distressed days in past month	Women/Maternal Health
Decrease risk factors associated with preterm births SPMs SPM 2: Percent of women ages 18-44 who smoke	Women/Maternal Health
 Support healthy pregnancies and improve birth and infant outcomes NPMs NPM 4: A) Percent of infants who are ever breastfed B) Percent of infants breastfed exclusively through 6 months ESM 4.1: Percent of birthing hospitals receiving recognition from Ohio First Steps for Healthy Babies NPM 5: A) Percent of infants placed to sleep on their backs B) Percent of infants placed to sleep on a separate approved sleep 	Perinatal/Infant Health

Priority Needs and Associated Measures	Reporting Domain(s)
surface C) Percent of infants placed to sleep without soft objects or loose bedding O ESM 5.1: Number of families provided with a crib and safe sleep education through Cribs for Kids SOMs SOM 7: Black Infant Mortality Rate (per 1,000 live births)	
Improve nutrition, physical activity, and overall wellness of children	Child Health
NPMs NPM 6: Percent of children, ages 9 through 35 months, who received a developmental screening using a parent-completed screening tool in the past year ESM 6.1: Percent of children, ages 1 through 66 months, receiving home visiting services who have received a developmental screening	
SOMs	
 SOM 3: Percent of children ages 0-5 with confirmed elevated blood lead levels 	
Increase developmental approaches and improve systems to reduce adolescent and young adult suicide rate	Adolescent Health
SPMs SPM 3: Rate of emergency department visits and hospitalizations for	
nonfatal intentional self harm among adolescents ages 15-19, per 100,000	
Increase protective factors and improve systems to reduce risk factors associated with the prevalence of adolescent substance use	Adolescent Health
NPMs	
 NPM 10: Percent of adolescents, ages 12 through 17, with a preventive medical visit in the past year. 	
 ESM 10.1: Percent of adolescents (12-17) served by Medicaid with adolescent well visit 	
 ESM 10.2: Percent of middle and high schools with a school- based health center that offers health services to students 	
SOMs	
 SOM 4: Percent of high school students who have used alcohol within the past 30 days 	
 SOM 5: Percent of high school students who have used marijuana within the past 30 days 	

Priority Needs and Associated Measures	Reporting Domain(s)
 SOM 6: Percent of high school students who have used cigarettes, smokeless tobacco, cigars, pipe tobacco, hookah, bidis, e-cigarettes or other vaping products during the past 30 days 	
Increase prevalence of children with special health care needs receiving integrated physical, behavioral, developmental, and mental health services NPMs	Children with Special Health Care Needs
 NPM 12: Percent of adolescents with and without special health care needs, ages 12 through 17, who received services to prepare for the transition to adult health care 	
 ESM 12.1: Percent of CSHCN ages 12-17 enrolled in Children with Medical Handicaps with a transition plan in place 	
Prevent and mitigate the effects of adverse childhood experiences	Cross-Cutting/Systems Building
SPMs	
 SPM 4: Percentage of children ages 0-17 who have experienced 2 or more adverse childhood experiences (ACEs) 	
Improve health equity by addressing community and social conditions and reduce environmental hazards that impact infant and child health outcomes	Cross-Cutting/Systems Building
SPMs	
 SPM 5: Percent of performance measures that include at least one strategy focused on social determinants of health, at-risk populations, or health disparities 	

Executive Summary

Program Overview

The Ohio Department of Health's (ODH) mission is to advance the health and well-being of all Ohioans by transforming the state's public health system through unique partnerships and funding streams; addressing the community conditions and inequities that lead to disparities in health outcomes; and implementing data-driven, evidence-based solutions. ODH's strategic agenda is informed by a State Health Assessment (SHA) and a State Health Improvement Plan (SHIP), which include maternal and infant health priority focus areas.

The Ohio Title V Maternal and Child Health (MCH) program is an organized effort to eliminate health disparities, improve birth outcomes, and improve the health status of women of childbearing age, infants, children, youth, including children and youth with special health care needs (CYSHCN), and families in Ohio. MCH utilizes a life course approach to develop strategies for improving factors impacting social determinants of health and creating systems that are equitable for all Ohioans.

To identify Ohio's MCH priority focus areas for 2021-2025, MCH led a collaborative and comprehensive needs assessment process with internal and external MCH experts, agency partners, families, and consumers in alignment with the SHA, SHIP, and Maternal, Infant, and Early Childhood Home Visiting (MIECHV) Needs Assessment. Since completion of the 2020 needs assessment, the COVID-19 pandemic has underscored the importance of the resulting priorities:

- Decrease risk factors contributing to maternal morbidity.
- Increase mental health support for women of reproductive age.
- Decrease risk factors associated with preterm births.
- Support healthy pregnancies and improve birth and infant outcomes.
- Improve nutrition, physical activity, and overall wellness of children.
- Increase developmental approaches and improve systems to reduce adolescent and young adult suicide rate.
- Increase protective factors and improve systems to reduce risk factors associated with the prevalence of adolescent substance use.
- Increase prevalence of children with special health care needs receiving integrated physical, behavioral, developmental, and mental health services.
- Prevent and mitigate the effects of adverse childhood experiences.
- Improve health equity by addressing community and social conditions and reduce environmental hazards that impact infant and child health outcomes.

A Five-Year Action Plan drives the development and implementation of strategies and activities aligning the National Performance Measures, National Outcome Measures, Evidence-Based Strategy Measures, and state MCH priorities within six population health domains. The Ohio MCH program uses a Population Domain Group structure to manage MCH priorities and implement strategies from the five-year plan. Population Domain Groups are comprised of staff, stakeholders, and consumers including representatives from state agencies, local health departments, health care organizations, managed care organizations, insurance, consumers, parent, and family groups representing CYSHCNs, universities, and community agencies. Also included in the collaborative efforts are families, youth, and consumers, whose voices lend vital understanding of the unique needs of Ohio's MCH population. All these partnerships are critical because no single agency or system has the resources or capacity to accomplish this goal alone.

The Domain Groups update the Five-year Action Plan, assess performance measure outcomes, implement, and monitor strategies to impact the performance and outcome measures, and create or identify an evaluation plan to assess whether the interventions have been successful. In addition to the Domain Groups, MCH program administrators utilize data collection, program evaluation, and surveys to solicit feedback and monitor program outcomes.

A summary of each domain and strategies from the 2021-2025 Action Plan are included below. The descriptions represent key initiatives but do not reflect the entirety of work being implemented across the state and in collaboration with stakeholders.

Women/Maternal Health

The priorities reflect an ongoing need to address maternal morbidity, mental health for women of reproductive age, and risk factors associated with pre-term births. To address all three priorities, the Domain Group will continue to work with multiple partners to improve the outcomes for women before, during, and after pregnancy.

While the rate of severe maternal morbidity in Ohio is lower than the U.S. rate, the rate for Hispanic, non-Hispanic Asian/Pacific Islander, and non-Hispanic Black women is higher than the rate for non-Hispanic white women. Preconception care continues to be prioritized as a prevention strategy for maternal morbidity, and an opportunity to improve overall women's health. Title X clinics implement Reproductive Life Plans for clients of child-bearing age and offer contraception as requested to assist clients in achieving their reproductive goals. Preconception health efforts also include community assessments to identify pre- and interconception issues and barriers to inform strategies to implement culturally relevant community, clinical, or community-based services. The Oral Health Program is increasing the integration of oral health education, assessment, and referral into prenatal care. The Pregnancy Associated Mortality Review (PAMR) program leads multiple initiatives to address maternal morbidity, including AIM safety bundles, urgent maternal warning signs education, telehealth and obstetric emergency training, and the Ohio Council to Advance Maternal Health (OH-CAMH). OH-CAMH will focus the efforts of over 80 stakeholder organizations to improve maternal health outcomes, address gaps, and implement strategies that translate knowledge and recommendations into action.

Women in Ohio experience unmet mental health needs and more Ohio women experience postpartum depression compared to the U.S. national rate. Preliminary evidence indicates that the COVID-19 pandemic has further increased mental health needs for

women while also decreasing opportunities to screen and access services. The Domain Group is focused on addressing mental health for all women, including through screening and referral of women of child-bearing age through Title X, increasing trauma-informed care in community-based health and mental health settings, providing culturally relevant peer supported behavioral health services for high risk pregnant and postpartum women, and postpartum depression/anxiety screening during pediatric well visits. The Fetal Alcohol Spectrum Disorders (FASD) Steering Committee updates a strategic plan annually and conducts trainings on FASD prevention, screening for FASD, and treatment.

Pre-term birth continues to be one of the leading causes of infant mortality in Ohio. Ohio's rate of women who smoked cigarettes during pregnancy has decreased but remains two times higher than the rate for the overall U.S. Over 20% of infants who died in Ohio in 2019 were born to a mother who reported smoking in 3 months prior to pregnancy or during the first 3 months of pregnancy. Ohio aims to reducing smoking and substance use among pregnant women, including through the Moms Quit for Two program and Practice and Policy Academy participation to inform plans of safe care.

Perinatal/Infant Health

The highest priority is to support healthy pregnancies and improve birth and infant outcomes. The Domain Group will continue to focus on breastfeeding and safe sleep as key methods for improving infant health outcomes, as well as advancing initiatives to address Black infant mortality.

While the number of infants who died before their first birthday has decreased in the last ten years, the disparity continues with Black infants dying at nearly three times the rate of white infants. In December 2020, Governor Mike DeWine announced the formation of the Eliminating Racial Disparities in Infant Mortality Task Force, with members charged to work with local, state, and national leaders to identify needed changes to reduce infant mortality and eliminate racial disparities by 2030. To address the complex issues and systems, Ohio implements several large, data-driven initiatives employing evidence-based strategies. These include implementing the Ohio Equity Institute: Working to Achieve Equity in Birth Outcomes program in ten targeted high-risk metro areas; increasing evidence-based home visiting; increasing screening and referral via the integrated Pregnancy Risk Assessment Form in partnership with the Ohio Department of Medicaid; and enhancements in newborn screenings focusing on system linkages to increase and improve identification and referrals. Ohio ensures newborns receive appropriate screening, diagnostic testing, referral, and intervention through programs including newborn screening for Critical Congenital Heart Disease, Comprehensive Genetic Services Program, Sickle Cell Services, Infant Hearing, and Ohio Connection for Children with Special Needs Birth Defects Surveillance program.

Over the past five years, Ohio made significant improvements in performance measures for breastfeeding and safe sleep. Title V Breastfeeding and Ohio First Steps for Healthy Babies support breastfeeding in hospitals, worksites, and childcare facilities, improve breastfeeding continuity of care, and provide women direct support through a 24/7 breastfeeding hotline and virtual lactation consultants. Focus groups conducted with African American and Appalachian mothers will guide efforts to improve strategies a imed at increasing breastfeeding initiation and duration. MCH coordinates safe sleep education and crib distribution to remove barriers and assist families with safe sleep environments for their babies. Each year, nearly 99% of families receive safe sleep education during their maternity stay in Ohio's hospitals, over 6,400 families receive a crib and safe sleep education through a Cribs for Kids partner, and safe sleep campaigns deliver over 57 million impressions to parents and grandparents in areas of Ohio with high infant mortality.

Child Health

The MCH priority for children represents a comprehensive approach to children's health: improve nutrition, physical activity, and overall wellness of children. To address the priority of improving overall child health, efforts address a broad range of issues impacting children. Pediatric primary care visits represent a key opportunity for monitoring and addressing the comprehensive needs of children's health, including the critical role of developmental screening. The Domain Group continues to implement strategies to ensure all components of the well-child visit, including important screenings (Bright Futures, developmental, lead, hearing, vision, oral health, immunizations, BMI, social determinants of health, and ACEs), are included for every child. Ohio has rates comparable to the U.S. for developmental screening but has not seen an improvement in this outcome overall; however, the Home Visiting program has improved the rates of developmental screening among children served. The Early Childhood Health and Ohio Healthy programs continue to improve obesity efforts in childcare settings. Compared to the U.S., Ohio has a lower rate of obesity among 2-4-year-olds, but a higher rate among ages 10-17 with lower income children experiencing disparities. Ohio performs similarly to the U.S. on several metrics related to nutrition and physical activity: fruit and vegetable consumption, access to exercise opportunities, and physical activity among children.

Adolescent Health

The MCH priorities: Increase developmental approaches and improve systems to reduce adolescent and young adult suicide rate; and increase protective factors and improve systems to reduce risk factors associated with the prevalence of adolescent substance use. The Domain Group is coordinating initiatives across both priorities with partners to support adolescent health.

Adolescent and young adult suicide has increased by more than half since 2009. The rate of adolescents with a major depressive episode in the past year has increased since 2011 and the percent of adolescents who bully others and who report being bullied is higher in Ohio than the U.S. MCH is working with partners to support implementation of the Ohio Suicide Prevention Plan among the youth population. Multiple MCH programs support adolescent resiliency through grant-funded community specific projects, coordination on prevention workgroups and coalitions including anti-Harassment Intimidation and Bullying and supporting professionals and communities in preventing violence and identifying/responding to victims of violence. The Domain Group continues to focus on adolescent preventive medical visits, which provide key opportunities for screening, education, and referral on numerous topics including mental health and substance use. Ohio's rates of adolescent well-visits compare with the national rates, and improvements have been observed with nearly 80% of adolescents obtaining a well-visit, although data shows that well child visits/immunizations, and particularly adolescent well child visits/immunizations declined during the COVID pandemic. BCFH

worked collaboratively with the Immunization Program at ODH on social media campaigns to increase well child visits where providers could also promote immunizations with parents. Other efforts include training to pediatricians and school nurses, School Based Health Center initiatives, and cross-program prevention opportunities.

Children with Special Health Care Needs (CYSHCN)

The MCH priority to increase the prevalence of children with special health care needs receiving integrated physical, behavioral, developmental, and mental health services, is being implemented using a transition focus to ensure CYSHCN are prepared to actively participate in their care as adults.

Ohio's Title V efforts to address CYSHCN includes Ohio Revised Code 3701.023 requiring ODH to review eligibility for medically handicapped children (CMH) that are submitted to the department by city and general health districts and physician providers approved in accordance with the code. The eligibility will be extended from age 21 to age 22 in SFY 22 and age 23 in SFY 23. MCH convenes a state-wide workgroup comprised of representatives from ODH, the Ohio Department of Medicaid, clinicians specializing in the treatment of CYSHCN, parents of CYSHCN, hospitals, condition-specific advocacy groups, and members of the ODH CMH Parent Advisory Committee. The CMH program works directly with more than 40,000 families of CYSHCN annually. In Ohio, CYSHCN has a similar rate of receiving care in a well-functioning system and a higher rate of receiving care in a medical home compared to the U.S. The Domain Group continues to focus on coordinating with partners to improve clinical and non-clinical service delivery systems, including hospital-based service coordination, parent-to-parent mentoring, and emergency preparedness for CYSHCN.

Ohio adolescents ages 12-17, with and without special health care needs, are less likely than U.S. peers to receive the services necessary to transition to the adult healthcare system. The Domain Group is working to increase adult and pediatric provider capacity, family and teen knowledge and support, and planning that identifies and addresses social determinant barriers to medical transition. The group is also committed to identifying opportunities to support transitions to adulthood outside of health care for CYSHCN.

Cross-cutting

Ohio continues to experience significant disparities in health outcomes. The priorities established to support all Ohioans in achieving their full health potential focus on adverse childhood experiences (ACEs) and health equity. These priorities are incorporated into each population domain and addressed from a systems level. MCH is coordinating with partners to advance ACEs prevention and mitigation through the lens of shared risk and protective factors. The Health Equity Committee (now renamed to the Health Equity Action Team – HEAT) is advancing health equity in internal MCH organization/staff and in policy, program, grant, and contract administration.

How Federal Title V Funds Complement State-Supported MCH Efforts

Title V funding provides critical support for the implementation of evidence-based strategies aimed to improve population health outcomes through a life course approach and by addressing social determinants of health. Title V supports state-level public health infrastructure and population-based services, and the Ohio Department of Health, Bureau of Child and Family Health administers Title V in conjunction with other federal and state funds in alignment with our state's priorities. Ohio Governor Michael DeWine created the Office of Children's Initiatives to elevate the importance of children's programming and drive improvements within the many state programs that serve children. The Initiative is charged to improve communication and coordination across state agencies; engage local, federal, and private sector partners to align efforts and investments; advance policy related to home visiting, early intervention services, early childhood education, foster care, and child physical and mental health; and initiate and guide enhancements to the early childhood, home visiting, foster care, education, and pediatric health systems. Title V funding complements the implementation of this initiative as well as other strategic plans to improve health outcomes, such as the State Health Improvement Plan (SHIP). The SHIP's three priority topics are maternal and infant health, mental health and addiction, and chronic disease with priority factors of community conditions, health behaviors, and access to care. Title V supports implementation by state agencies, local health departments, hospitals, and other community partners engaged in community health improvement planning, education, housing, employers, transportation, and criminal justice.

MCH Success Story

Women/Maternal Health

Urgent Maternal Warning Signs (UMWS) education was provided to all Ohio local WIC project sites following a pilot period. Now incorporated into WIC policy, all WIC sites must provide UMWS education to prenatal and postpartum WIC participants as part of their statewide nutrition education goal. After the successful WIC expansion, UMWS is spreading to the Home Visiting Program.

Perinatal/Infant Health

The Ohio Statewide Breastfeeding Hotline was launched in March 2020. Operated by Certified Lactation Consultants/Specialists and International Board-Certified Lactation Consultants, the free hotline is available 24 hours a day, 7 days a week via phone or text message, and provides interpretation services as well as free marketing materials. Since its inception, the hotline has received 26,109 calls and texts and in March 2023, incurred its highest number of calls per month to date: 1,662.

Child Health

In July 2022, the Ohio Department of Health (ODH) successfully developed and deployed the statewide Lead Awareness Campaign to raise awareness about childhood lead poisoning and the resources available to help families remove and reduce lead hazards. The campaign communicated directly to audiences that were high risk according to their zip codes via digital, social, transit, and billboard messaging about the health effects, sources, and ways to prevent lead exposure. The campaign ran from July 2021 through October 31, 2022.

Adolescent Health

During FY22, the ODH partnered with the Ohio Department of Education to fund healthcare agencies and their educational partners to create new or expand existing School-Based Health Centers. The project created or expanded access to healthcare services for over 77,000 students at 165 sites across 18 counties. Of the students across all sites, 60% are enrolled in Medicaid. All sites offer primary health care services, and 89% provide access to behavioral health services.

Children and Youth with Special Health Care Needs (CYSHCN)

The CMH program submitted budget language for the upcoming biennium that will replace the term "handicap" to "special healthcare needs" when referencing individuals' medical situation. The program has changed its name from Children with Medical Handicaps (CMH) to the Complex Medical Help (CMH) program. The title of the program will no longer use outdated references to the health status of those served by the program.

Cross-cutting

To better address and prevent adverse childhood experiences and their impact on health, a plan has been developed to promote organizational shifts in culture that support a trauma responsive approach to clinical and public health services. Implementation of this plan in 2023/2024 will include presentations to share the need for and value of this work, training, and support to participating agencies in Ohio.

Maternal and Child Health Bureau (MCHB) Discretionary Investments - Ohio

The largest funding component (approximately 85%) of the MCH Block Grant is awarded to state health agencies based on a legislative formula. The remaining two funding components support discretionary and competitive project grants, which complement state efforts to improve the health of mothers, infants, children, including children with special needs, and their families. In addition, MCHB supports a range of other discretionary grants to help ensure that quality health care is available to the MCH population nationwide.

Provided below is a link to a web page that lists the MCHB discretionary grant programs that are located in this state/jurisdiction for Fiscal Year 2022.

List of MCHB Discretionary Grants

Please note: If you would like to view a list of more recently awarded MCHB discretionary investments, please refer to the <u>Find</u> <u>Grants</u> page that displays all HRSA awarded grants where you may filter by Maternal and Child Health.